**CRITICAL THINKING**

Critical thinking is the ability to think clearly and rationally about what to do or what to believe. It includes the ability to engage in reflective and independent thinking, which can help contribute to building self-awareness and goal-directed behavior. Read the quotes below and use critical thinking skills to discuss the meaning behind these quotes with your Little. Questions are provided to help you engage in a discussion with your Little that will help build their social emotional learning skills.

**“Fall seven times. Stand up eight.” – Chinese Proverb**

* What does the above quote mean to you?
* How does this quote connect to sticking to goals?
* What goal do you have right now that is important to you?
* What are some things that feel discouraging when you try for your goal?
* What are some things that are encouraging?
* What helps you stick with it and keep trying to reach your goal, even when it gets hard?
* How could I help you reach your goal?

**“Write injuries in sand, kindness in marble.” – French Proverb**

* What do you think that saying means?
* What value could come from living with this as your way of interacting with others?
* When was a time in your life when you’ve chosen to forgive someone? What do you think that was like for them? What was it like for you? Is there anything you wish you’d done differently?
* When was a time in your life when you’ve been forgiven? Why do you think you remember this?
* When you finish your conversation, share an appreciation for something about your partner’s story, or the way they told their story, that was important to you.